

## Central VA Volleyball presents: Ted Wade & UVA Volleyball



Wade is in his 3rd year as assistant at the University of Virginia. Before UV, Wade spent 13 years as an associate director and 17s/16s coach for Austin Jr Volleyball where his teams qualified for the Open division of Jr Olympics 11 times. He was also a volunteer assistant coach at the University of Texas and has been involved with the USA Volleyball High Performance programs for several years since 1998.

Wade has served as an assistant coach with the USA Youth and Junior National Teams five times competing in Puerto Rico, Mexico, Poland, Macau and Thailand. He has also been involved with a number of other USA Volleyball programs including the Holiday Camps, A3 Camps, High Performance tryouts, National Team tryouts and High Performance Coaches' Clinics.

Central Virginia Volleyball, Inc was formed in November 2003 and is a non-profit 501c(3) corporation serving the Lynchburg and the surrounding areas for girls and boys ages 18 and under. We offer a recreation program, a juniors' travel program (HOV), and a developmental program. CVVB is excited to bring Ted Wade and UVA Volleyball to Linkhorne Middle School.

[www.cvvb.org](http://www.cvvb.org)

**Advanced Clinic – July 12<sup>th</sup> 9 am – 3:30 pm  
@ Linkhorne Middle School - Bring a lunch.**  
Coach Wade, UVA players and other coaches will work on improving and refining techniques, while exposing players to collegiate systems and tactical aspects of the game. This camp is open for any athlete looking for a high intensity training environment that is both fun and challenging. This camp is recommended for varsity level athletes or athletes with at least two years of club volleyball experience. Grades 10-12.

**Intermediate Clinic – July 13<sup>th</sup> 9 am – 3:30 pm  
@ Linkhorne Middle School – Bring a lunch.**  
Coach Wade, UVA players and other coaches will teach the fundamentals of volleyball for athletes entering grades 7-10. This camp devotes training sessions to the fundamentals of each skill: Serving, passing, setting, hitting, blocking and digging. Drills are designed to teach campers proper technique that will allow them to continue to improve even after the camp.

Registration Form

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Parent Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ Zip: \_\_\_\_\_

Grade as of Fall 2010: \_\_\_ Emergency #: \_\_\_\_\_

Volleyball Experience: \_\_\_\_\_

T-shirt Size \_\_\_\_\_ in case t-shirts are available

I would like to sign up for the:

\_\_\_ Advanced Clinic - July 12<sup>th</sup> 9am -3:30 pm

\_\_\_ Intermediate Clinic – July 13<sup>th</sup> 9am – 3:30 pm

\$70 – Checks made payable to Ted Wade

2010 HOV Players - \$60 – Checks payable to Ted Wade

Bring your own lunch. Lunch break will be from 12:00-1:00.

We are only taking 32 campers for each clinic.

Walk-in Registrations accepted if room is available.

Please mail registration form and check by July 1st to:

Central Virginia Volleyball

PO Box 4575

Lynchburg Va 24502

Questions call CVVB at 434-941-6158

Or email [info@cvvb.org](mailto:info@cvvb.org)

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